



Shamrock 4-3 Blitz and Stunt Organization

I. Effective Teaching

- A. How to Teach
- B. Quizzes
- B. Film/Cutups
- C. Walk Throughs
- D. Pre Practice
- E. How to Practice
- F. How to Measure

II. Setting the Front

- A. Field - Boundary
- B. Back
- C. Pass Strength - Formation - TE

III. Diverse Coverages

- A. 3 deep, 3 Under
- B. 3 deep, 2 Under
- C. 2 Deep, 4 Under
- D. 2 Deep, Man under
- E. Zero
- F. One
- G. Flexibility

IV. Stunt Concepts (Diagrams & Film)

- A. Slants
- B. Reducing Gaps
- C. Twists
- D. Games
- E. Draw

V. Blitz Concepts (Diagram & Film)

- A. 1 or 2 Off Each Edge
- B. 2 Off Same Edge
- C. 2 Blitzers Inside
- D. Single Blitzes, Read Blitzes, Overload, Zero Blitzes
- E. When to Call