

Viking Nakeds and Bootlegs

I. Philosophy

- A. Multiple Simplicity
- B. Disguise Limited Number of Plays
- C. Many Formations

II. Overview of Offense

- A. Run Game
- B. Pass Game

III. Why We Run Boots

IV. Basic Boot Route Concepts

- A. #1 Receiver: STRETCH
- B. #2 Receiver: FLAT
- C. #3 Receiver: SHADOW
- D. #4 Receiver: POST

V. QB Progression

- A. Stretch
- B. Flat
- C. Shadow
- D. Run
- E. Throw Post (Only When Tagged)

VI. Bootleg Protection (Diagram)

VII. Bootleg Plays

- A. Con 203 (Diagram & Film)
- B. Orange 203 (Diagram & Film)
- C. Hero 203 (Diagram & Film)
- D. 203 Zip (Diagram & Film)
- E. Flood (Diagram & Film)
- F. Flood Swap (Diagram & Film)
- G. Smash (Diagram & Film)
- H. Clear (Diagram & Film)
- I. Yogi (Diagram & Film)
- J. Shake (Diagram & Film)
- K. Sleeper (Diagram & Film)
- L. Naked (Diagram & Film)
- M. Naked Trail (Diagram & Film)
- N. Naked Bear (Diagram & Film)