



Coverage Possibilities & Stopping RPO's - Cover 2

What's In This Video?

I. Which Coverages?

- A. What can your players do?
- B. Who or what must you stop?
- C. Zone vs. Man
- D. Coverage vs. Pressure
- E. Press vs. Off Man
- F. Eyes on QB vs. Beat up WR's
- G. Spot Drop vs. Match Routes

II. Flexibility

- A. Motion
- B. Checks
- C. Next Man Up
- D. System and Culture
- E. No Huddle
- F. Defending Option & RPO

III. How We Got Here

- A. Background
- B. Find a way with talent
- C. Formula for winning

IV. Cover 2 Variations

- A. 2 Funnel/Press (Diagram)
- B. 2 Knife
- C. 2 Trap (Diagram & Film)
- D. 2 Match (Diagram & Film)
- E. 2 Wall (Diagram & Film)
- F. 2 Man
- G. 2 Sky
- H. 2 Lock (Diagram)